

THE RELATION-SHIFT TRAINING

Make the Life-Saving Shift into *Conscious Relationship*

THE POWERFUL, FUN AND LIFE-CHANGING

ONE DAY EXPERIENTIAL TRAINING --

FOR COUPLED, SINGLE, OR DIVORCED INDIVIDUALS -- IN

How to Be Fully Together Without Giving Up *Yourself*

**The Art of Being Close and in Harmony with Your Partner and Others
While Feeling, Expressing and Expanding the Full Wholeness of
Your Individual Creative Self!**

*Together or alone, come step into the essential set of skills to shift **yourself** – and thus your relationships – into a source of love, renewal, safety, fulfillment, physical vitality, eros, and spiritual growth. Bypass divorce and unhappiness by absorbing this invaluable preventive medicine for your relationship. In the course of one day, you will learn how to shift your relationship ‘destiny’ – from reactivity and repeating stuck patterns, by default, to co-creating relationships consciously, with a centered awareness, by design.*

THE RELATION-SHIFT TRAINING *engages the body as much as the mind. It also includes plenty of time and focused work for each participant with the teacher: Each training is kept **small** (from 4 to 16 people).*

Tuition: \$150 (Register in advance.)

Location: West Mt. Airy, near Chestnut Hill

(15 minutes from both Center City & Narberth)

Call for dates: Each is on a Saturday or a Sunday,

from 10 AM to 5:30 PM, with 2 breaks to more fully stretch, move, & breathe (and to eat).

R E L A T I O N - S H I F T

FOR INFORMATION OR TO REGISTER, CALL MARCUS, AT 215-438-9839